Michael G Bricker
MS, CADC-2, NCAC-2, LPC

An Overview of Select Trainings and Presentations 1994 ~ 2019

If any of the "sample" slides pique your interest, please feel free to contact me for more information!
The STEMSS® Institute – Support Together for Emotional and Mental Serenity & Sobriety
mbricker6421@gmail.com (541) 880-8886
If any topics pique your interest, please contact me. Thanks for your attention!
Visualization & Imagery in the Primary Treatment of Addictive Disease: The Empowerment Model of Recovery.

Michael G Bricker MS, CADC-III, LPC
Alcohol/Drug Treatment Coordinator
United Behavioral Systems
Milwaukee WI

Paper presented at the 16th Annual Conference of the American Association for the Study of Mental Imagery.
Irvine CA: June 1994

If any topics pique your interest, please contact me. Thanks for your attention!
“I Don’t Think We’re in Kansas Anymore...”

the Adventures of Addiction Treatment in the Land of Managed Care.

Michael G. Bricker  MS, CADC-III, ICADC
Director – Kuskokwim Native Association Counseling Programs
Executive Director - The STEMSS Institute

This Presentation was well accepted at the 19th Annual Conference of the National Association of Alcoholism & Drug Abuse Counselors (NAADAC) in 1995, and subsequently published in the September ‘95 issue of The Counselor Magazine.

If any topics pique your interest, please contact me. Thanks for your attention!
Centralize information & services using distance-learning technology…

“Move electrons, not people!”

For the Canadian Mental Health Association ~ British Columbia

Michael G Bricker MS, ICADC – 1997 Colorado West MHC Rangely CO
The Operation was a Success, but the Patient Died…

…the Phenomenon of Relapse on Axis II

Michael G Bricker MS, ICADC, LPC
Alcohol-Drug Abuse Treatment Coordinator
United Behavioral Systems
Milwaukee WI
Social Work 2000 - Baltimore

Strategies to Succeed in the New Market Economy

Michael Bricker MS, ICADC, CPC

Program Director

Kuskokwim Native Association Community Counseling Center ~ Aniak, Alaska

© 2000 The STEMSS Institute, Inc.

If any topics pique your interest, please contact me. Thanks for your attention!
The 7-Fold Path of Healing...

Synergistic Co-Cultural Treatment with Members of First Nations
Inhalant Abuse: “How to” for Caregivers

Michael G Bricker MS, ICADC, CPC
Program Director
Kuskokwim Native Association
Community Counseling Center
Aniak, Alaska

© 2000 (Used by Permission)
McCann Center

Tundra Swan Inhalant Treatment Program

Yukon-Kuskokwim Health Corporation
Top Ten Reasons why “huffing is a bum idea….

(Brought to you by a bunch of kids who can’t be here to tell you about it…)
Michael Bricker MS, ICADC, LPC
Clinical Director
Phillips Ayagnirvik Treatment Center
Yukon-Kuskokwim Health Corporation
Bethel, Alaska

© 2001 The STEMSS Institute, Inc.
So...is Addiction really a Disease, or what?!?

Sometimes we think that addictions like alcoholism aren’t “real” diseases, and that they somehow follow different rules. Let’s take a look...
## Disease of Addiction: acute vs. chronic models

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Diabetes</th>
<th>&quot;Common Cold&quot;</th>
<th>Addiction</th>
<th>[\textit{in bold}]</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>How do you get it?</strong></td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
</tr>
<tr>
<td>Symptom</td>
<td>Usually seen blood sugar elevated, may need to take insulin.</td>
<td>Usually seen fever, cough, runny nose, sore throat, body aches.</td>
<td>Usually seen tolerance, withdrawal, chronic use, body aches.</td>
<td>Usually seen drug use is habit-forming, tolerance for drug gives up its due, lack of control, compulsive use, withdrawal, chronic use, body aches.</td>
</tr>
<tr>
<td>Frequency</td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
</tr>
<tr>
<td>Incidence</td>
<td>Rare</td>
<td>Common</td>
<td>Rare</td>
<td>Common</td>
</tr>
<tr>
<td><strong>Course of Disease</strong></td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
</tr>
<tr>
<td>Duration</td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
</tr>
<tr>
<td>Chronic symptoms</td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
</tr>
<tr>
<td>Acute symptoms</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
</tr>
<tr>
<td><strong>Typical Treatment</strong></td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
</tr>
<tr>
<td>Treatment for chronic</td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
</tr>
<tr>
<td>Treatment for acute</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
</tr>
<tr>
<td><strong>Prognosis</strong></td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
</tr>
<tr>
<td>Prognosis for chronic</td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
</tr>
<tr>
<td>Prognosis for acute</td>
<td>Acute</td>
<td>Chronic</td>
<td>Acute</td>
<td>Chronic</td>
</tr>
</tbody>
</table>

Note: The table compares the characteristics of diabetes, the "common cold," and addiction.
Motivational Enhancement and Stages of Change

“Evidence-Based Best Practices” for eliciting change in problem behaviors.

Michael G Bricker MS, ICADC, LPC
Education, Training & Credentialing
YKHC Behavioral Health

YKHC – ETC Department is an approved education provider for Substance Abuse (NAADAC # 621) and Licensed Professional Counselors (NBCC # 6306)
“Things I Didn’t Know… I Didn’t Know…”

Cultural Considerations in Behavioral Health Care

Michael G Bricker
MS, ICADC, LPC

Required CEU Class for LCSW License Renewal

Bethel, Alaska June 2008
Cultural Considerations in Behavioral Health Care

Michael G Bricker, MS, ICADC, LPC

YKHC – ETC Department is an approved education provider for Substance Abuse (NAADAC # 621) Licensed Professional Counselors (NBCC # 6306) and AK-LCSW for License renewal CEUs
“If you have come here to ‘help me’—you’re wasting your time…

…but if you have come because your liberation is bound up with mine, then let us work together.”

Ngangkere – Natural Healers
by Jane Kemarre Doolan
An Akutaq of Research, 12 Step and Native Wisdom Traditions

The Phillips Ayagnirvik Healing Model

Alaska Native Best Practices...
Alaska Native Best Practices

SAMHSA ~ Cook Inlet Tribal Council
May 5 & 6 2005

Michael Bricker MS, ICADC, LPC
Clinical Director

Phillips Ayagnirvik Treatment Center
Intensive Integrated Behavioral Health Programs
Yukon-Kuskokwim Health Corporation
Bethel, Alaska
Addiction as a Brain Disease…

The Monkey Driving Your Mercedes!

Michael G Bricker MS, ICADC, LPC
Clinical Director, Phillips Services
Ayagnirvik Intensive Integrated Behavioral Health (PATC)
Yukon-Kukskokwim Health Corporation
Bethel, Alaska

If any topics pique your interest, please contact me. Thanks for your attention!
The Monkey Driving Your Mercedes…

TriUne Brain Research Applied to Substance Use Disorders & Recovery

Alaska Substance Abuse Directors’ Assn. Annual School on Addictions - 2006
Back to Basics All Over Again: Elements of “Evidence-Based Practices” Inherent in the Twelve Steps of Alcoholics/Narcotics Anonymous

Rural Behavioral Health Conference
Anchorage, Alaska March 27 – 30, 2007

Michael G Bricker MS, ICADC, LPC
Education, Training & Credentialing
Yukon-Kuskokwim Health Corp.
Division of Behavioral Health

If any topics pique your interest, please contact me. Thanks for your attention!
Behavioral Health
Substance Abuse Services

“Working together to achieve excellent health”

Tribal Gathering - 2006
Health Status of Alcohol-Related Issues in Our Yukon-Kuskokwim Delta Villages

Michael G Bricker MS, ICADC, LPC ~ Director
Phillips Ayagnirvik Integrated Adult Rehab Programs
Yukon Kuskokwim Health Corporation – Bethel AK
mike_bricker@ykhc.org
<table>
<thead>
<tr>
<th>Guided by Napartet...</th>
<th>Patient Centered Excellence</th>
<th>Community &amp; Partner Satisfaction</th>
<th>Employee Focus</th>
<th>Alaska Native Workforce Development</th>
<th>Financial Viability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Avg. 40% annual growth in Clients served</td>
<td>Avg. 40% annual growth in Clients served</td>
<td>Average Employee retention rate: 63 %</td>
<td>Average Employee retention rate: 63 %</td>
<td>23 RHS Graduates employed 10 graduate May 2006</td>
<td>Behavioral Health is meeting budget expectations</td>
</tr>
<tr>
<td>Programs: Advance Access, MRT Group, Adolescent, Youth &amp; Families, Tx Court, Intensive Outpatient</td>
<td>Working relationships with AVCP-ICWA, ONC and IRA Tribal Councils</td>
<td>We are bringing state-of-the-art professional Training to staff in Bethel</td>
<td>23 RHS Graduates employed 10 graduate May 2006</td>
<td>95+ % Native Hire 2 Native Master’s Clinicians</td>
<td>3 more enrolled in Grad School</td>
</tr>
</tbody>
</table>
“we will be the healthiest People”

However, according to the World Health Organization:

- Problems related to alcohol are the THIRD highest risk to health in “developed countries” [after tobacco and high blood pressure]
- Estimates that 20% of ALL HEALTH CARE COSTS are directly or indirectly due to alcohol problems – higher in Alaska villages!
Integration of Behavioral Health and Primary Care in Bush Alaska: Saving Lives Where No Roads Go.

Michael G Bricker MS, ICADC, LPC
Yukon-Kuskokwim Health Corporation
Bethel, Alaska

If any topics pique your interest, please contact me. Thanks for your attention!
Identifying the Problem Drinker in the Primary Care Setting: SBIRT Screening for substance abuse and PHQ-9 for depression

Michael G Bricker MS, ICADC, LPC
Yukon-Kuskokwim Health Corporation
Bethel, Alaska

If any topics pique your interest, please contact me. Thanks for your attention!
NAADAC
35th Annual Conference
Nashville, Tennessee
September 5 – 8, 2007
STEMSS® - a Compendium of Best Practices for Treatment of Persons with

“Co-Occurring Disorders”

Dual Recovery Challenges

Michael G Bricker MS, ICADC, LPC © 1987, 1995 – 2007 *

Behavioral Health Education, Training & Credentialing

Yukon Kuskokwim Health Corporation – Bethel, Alaska

mike_bricker@ykhc.org

* I have placed these materials in the “Public Domain”; they can be duplicated and used without further permission as long as attribution is given.
The eternal question...
Now that you have a dead chicken and a scrambled egg, what does it matter?!
Alaska Substance Abuse Directors’ Association

Thinking INSIDE the Box...

Annual School on Addictions
Anchorage - 2007
Combining ASAM-PPC2®, DSM-IV (tr), GAF score and a Mini Mental Status Exam to Determine Level of Care in the “4-Box Model” for Co-Occurring Disorders

Michael G Bricker ~ MS, ICADC, LPC
Education, Training & Credentialing
Yukon-Kuskokwim Health Corporation
Division of Behavioral Health

mike_bricker@ykhc.org
Yukon-Kuskokwim Health Corporation
Behavioral Health Division
Education, Training & Credentialing
“We help our people help our People!”

“Staff Development for Dummies”

How to Design and Implement Value-Added Inservice Training and Measure Competencies

Michael G Bricker ~ MS, ICADC, LPC, SAP

Annual School on Addictions – Anchorage 2008
Village – Based Coordination of Care for Persons with “Co-Occurring Disorders”

Dual Recovery Challenges

Michael G Bricker MS, ICADC, LPC © 1995 - 2005

Director ~ Ayagnirvik Integrated Adult Rehab Programs
Yukon Kuskokwim Health Corporation – Bethel, Alaska

mike_bricker@ykhc.org
Emergency Mental Health - call Bethel Emergency Services for stabilization and treatment

Assessed by Village BHA, staffed with local Core Team and Tx in Village

Assessed by Village BHA, staffed with local Core Team and Primary Outpatient Tx in Village

Assessed in Village – wait list for PATC and pre-treatment with Village BHA

Back to Village Core Team for Continuing Care

Emergency Substance Abuse to Bethel for Detox at Hospital; then to PATC or other Inpatient

Village Core Team Community Prevention & early intervention
Acceptance is not Surrender…

Acceptance and Commitment Therapy (ACT) in the Treatment of Substance Use Disorders

Michael G Bricker MS, LPC, SAP

The STEMSS® Institute, Inc.
Bethel, Alaska 99559-1381

mbricker@unicom-alaska.com

Association for Contextual Psychology International Conference - Chicago
June 2008
If any topics pique your interest, please contact me. Thanks for your attention!
The Operation was a Success, but the Patient Died…

…the Phenomenon of Relapse on Axis II*

Michael G Bricker MS, ICADC, LPC
The STEMSS Institute: Support Together for Emotional and Mental Serenity & Sobriety
mike.bricker@hotmail.com

* Updated for proposed changes in DSM-5
When Time Doesn’t Heal All Wounds…

Adverse Childhood Experiences (ACEs) and Behavioral Health

National Conference on Addiction Disorders
San Diego, CA  September 17 - 21 2011

If any topics pique your interest, please contact me. Thanks for your attention!
...and the past is ever present.

Michael G Bricker MS, CDCS, LPC
Klamath Tribal Health & Family Services
Behavioral Health Programs
Clinical Supervisor
Klamath Falls
Oregon
mike.bricker@klm.portland.ihs.gov
I am indebted to my fellow colleagues in the preparation of this presentation:

Bruce Johnson, LCSW
Mary Johnson, BSW
Wendy Acosta, MA
Can You Pass the “Mom Test?”

National Conference on Addictive Disorders
Orlando, FL  9/28 – 10/2, 2012

Michael G Bricker
MS, CADC-II, QMHP, LPC
Behavioral Health Clinician
Drug Court Treatment Program
Lutheran Community Services – NW
Klamath Falls, OR

Basic Ethics for Clinical Practice
If any topics pique your interest, please contact me. Thanks for your attention!
Medicare Parts C & D Fraud, Waste, and Abuse Training and General Compliance Training

Developed by the Centers for Medicare & Medicaid Services

Issued: February, 2013

Lutheran Community Services
Mandatory Training 12/2014
“Heroin is My Mother, and Booze is My Father:”
Addiction as an Attachment Disorder

Michael G Bricker
MS, CADC-2, LPC
Behavioral Health Clinician
LCS Drug Court Program

If any topics pique your interest, please contact me. Thanks for your attention!
“It’s Never the Car You See That Runs You Over…”

...Cross-Cultural Ethical Dilemmas in Clinical Practice

Michael G Bricker MS, CADC-2, LPC
Lutheran Community Services – Northwest
SUD Treatment Program Manager
E32 - Ethics Session "To Friend or Not to Friend" Social Media and Ethical Dilemmas for the Social Worker

Mike Bricker, MS, CADC-II, LPC, Program Manager - Adult SUD Treatment Program - Lutheran Community Services Klamath Falls, OR
Rx for CHANGE
Clinician-Assisted Tobacco Cessation

Fifth Tuesday Seminars

June 30th 2015 9am – 1pm
(4.0 contact hours)

Michael G Bricker MS, CADC-2, LPC
Kristen Wils - Klamath Co. Public Health
& guest Presenters from Partner Agencies

LCS is a NAADAC Approved Education Provider #196322

If any topics pique your interest, please contact me. Thanks for your attention!
The Essential Components of Effective Tobacco Dependence Treatment Interventions

Medication Support Counseling
Acceptance is not Surrender

EMDR techniques & Acceptance and Commitment Therapy (ACT) in the Treatment of Chronic Pain

Michael G Bricker MS, CADC-II, LPC

NAADAC National Webinar - August 10th, 2016
Webinar Presenter

Michael G Bricker MS, CADC-II, LPC
Behavioral Health Clinician
Adult SUD Treatment Mgr.
Klamath Falls, OR
mbricker@lcsnw.org

Lutheran Community Services
NORTHWEST
Health • Justice • Hope
Acceptance is not Surrender

Acceptance and Commitment Therapy (ACT) in the Treatment of Behavioral Health Disorders & Chronic Pain

Michael G. Bricker MS, CADC-II, LPC
Behavioral Health Clinician
Adult SUD Treatment Mgr.
Klamath Falls, OR
mbricker@lcsnw.org
Caught on the Horns of Dilemma...

Attachment Trauma in Early Development → Complex Trauma as adults

Mike Bricker MS, CADC-II, LPC ~ LCS Drug Court Treatment Program
If any topics pique your interest, please contact me. Thanks for your attention!
“To Friend or Not to Friend…”
Social Media and Ethical Dilemmas for BH Clinicians

Mike Bricker, MS, CADC-II, LPC,
Program Manager - Adult SUD Treatment Program - Lutheran Community Services
Klamath Falls, OR

Austin, Texas
July 11 – 15, 2016
“Not Your Daddy’s ASAM”

“ASAM Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions”

Michael G Bricker MS, CADC-II, LPC
Adult Treatment Team Leader
SUD/Drug Court Programs
Klamath Falls, OR
mbricker@lcsnw.org

5th Tuesday Training Seminar – March 29th, 2016
“It’s never the car you SEE that runs you over…

Basic Ethics for Clinical Practice

FIFTH TUESDAY SEMINARS
9am – 4pm  August 30th, 2016
Intro to Neuropsychology

Neuropsychology is a branch of psychology and neurology that aims to understand how the structure and function of the brain relate to specific psychological processes, including perception, cognition and behavior.

Michael G Bricker  MS, CADC-2, LPC
Heroin is my Father and Booze is my Mother…

Addiction as an Attachment Disorder

Michael G Bricker MS, CADC-II, LPC

NAADAC National Webinar - October 5th, 2016
Introduction to Trauma-Informed Care

…when the past is always present

Michael G Bricker MS, CADC-II, LPC
Adult Treatment Team Leader
SUD/Drug Court Programs
Klamath Falls, OR
mbricker@lcsnw.org
5th Tuesday Training Seminar – May 31st, 2016

“When the Past is Always Present…

…Trauma-Informed Care for Behavioral Health Counselors”

Michael G Bricker MS, CADC-II, LPC
Adult Treatment Team Leader
SUD/Drug Court Programs
Klamath Falls, OR
mbricker@lcsnw.org

Lutheran Community Services
Health • Justice • Hope
Unlocking the Mystery...

Attachment Deficits in Early Development → Complex Trauma in Adulthood

Michael G Bricker MS, CADC-II, LPC
The STEMSS® Institute
Education & Training Specialist
Behavioral Health Clinician
mbricker6421@gmail.com

For the Oregon 4th Friday Training Seminars

Support Together for Emotional and Mental Serenity & Sobriety®
Neurobiology of Nicotine Dependence & Recovery

Fifth Tuesday Seminar – January 31st 2017
Michael G Bricker MS, CADC-2, NCAC-2, LPC

If any topics pique your interest, please contact me. Thanks for your attention!
Focus on the Future—Together!
For Healthy Communities

APRIL 24-27, 2017
Olympia, WA
Bet you never thought about gambling as an Attachment Disorder…

Michael G Bricker MS, CADC-II, NCAC-II, LPC
“I Don’t Think We’re in Kansas Anymore…”

…the Brave New World of Medication-Assisted Treatment for Substance Use Disorders

Michael G Bricker MS, CADC-2, NCAC-II, LPC

NAADAC National Conference – Denver, CO
September 25th 2017
Bridging the Gap in Behavioral Health Recovery

Motivational Enhancement and Stages of Change

“Evidence-Based Best Practices” for eliciting change in problem behaviors.

Michael G Bricker MS, CADC-2, NCAC-2, LPC
Gaylyn Maurer MA, LPC – Oregon Tech Integrated Student Health Center Director

Lutheran Community Services is a NAADAC approved education provider (#196322)
“NOW What’re We Supposed to Do?”

Evidence-Based Practices for Medication-Assisted Treatment of Substance Use Disorders

Michael G Bricker MS, CADC-2, NCAC-II, LPC

If any topics pique your interest, please contact me. Thanks for your attention!

NAADAC National Webinar - July 26th 2017
Webinar Presenter

Michael G Bricker
MS, CADC-II, NCAC-II, LPC
Behavioral Health Clinician
Adult SUD Treatment Mgr.
Klamath Falls, OR
mbricker@lcsnw.org

Lutheran Community Services
Northwest
Health • Justice • Hope
Let Your Mind Take Flight...

Mindfulness – Based Stress Reduction and Mindfulness – Based Relapse Prevention
“I Don’t Think We’re in Kansas Anymore…”

...the Brave New World of Medication-Assisted Treatment for Substance Use Disorders

Michael G Bricker MS, CADC-2, NCAC-II, LPC

Yakima Nation Tribal Behavioral Health
When Time *Doesn’t* Heal All Wounds...

If any topics pique your interest, please contact me. Thanks for your attention!
...and the past is ever present.

Adverse Childhood Experiences (ACEs) and Complex Trauma among First Nations

Michael G Bricker
MS, CADC-2, NCAC-2, LPC
Behavioral Health Clinician & Trainer
The STEMSS® Institute
Acceptance is not Surrender

EMDR techniques & Acceptance and Commitment Therapy (ACT) in the Treatment of Chronic Pain

Michael G Bricker MS, CADC-II,, NCAC-2, LPC
"Why Does Grandma Fall So Much?"
DRUG-FREE AMERICA

AGE 0-4
AMERICAN

4-12
RITALIN

12-18
APPETITE SUPPRESSANT

18-24
NO-DOZ

24-36
TRAMIC

36-65
ZONIC

65-+
EVERYTHING ELSE

(Reproduced by Steve Wilkening)
Unlocking the Spirit from the “Realm of Hungry Ghosts”

Applying Trauma-Responsive Techniques to Reclaim the Spirit

Michael G Bricker MS, CADC-II, LPC
The STEMSS® Institute
Education & Training Specialist
Behavioral Health Clinician

Support Together for Emotional and Mental Serenity & Sobriety®
“It’s not the car you SEE that runs you over…”

Basic Ethics for Clinical Practice
Hello!

Michael G Bricker MS, CADC-2, NCAC-2, LPC
Behavioral Health Clinical Supervisor & Trainer
Consultation in recovery from substance use and mental disorders

3459 Timberline Drive
Eugene OR 97405
Phone: (541) 880-8886
mbricker6421@gmail.com

If any topics pique your interest, please contact me. Thanks for your attention!